



U & I Together

May 2023

MARK YOUR CALENDARS!

May 15, 2023

Newsletter deadline



June 22-25, 2023

National Convention
Milwaukee, WI



July 14-16, 2023

LWML Camp Perkins
Retreat

Quarterly

Mites Report

Central Zone - \$3,974.21

Western Zone - \$3,038.10

Utah Zone - \$986.25

Yellowstone Zone - \$1,306.37

LWML Mission Statement

As Lutheran Women in Mission, we joyfully proclaim Christ, support missions, and equip women to honor God by serving others.

Utah-Idaho District Mission Statement

The mission of the Utah-Idaho District Lutheran Women's Missionary League is to develop and maintain a mission consciousness among the women of the district and to assist them in using their gifts to the glory of the Triune God.

G A 2 U

Cindy Wilson, VP Christian Life

Spring is here! Flowers are in bloom! Birds are singing! Trees are budding, and, depending on where you live in the Utah-Idaho LWML District, snow might still be in your yard!

I ventured out to check the effects of Spring in my own yard. There were daffodils and tulips blooming. There were twitterpated birds singing and zipping through the air. My lilac bush had hundreds of buds. And my Elberta peach trees were showing promising signs of the juicy, sweet peaches that were to come. I knew these trees would provide wonderful fruit. I smiled. Then I turned towards my one struggling pear tree. My smile faded. This poor Bartlett had struggled for 3 years and it was obvious that it would not be bearing fruit. Sigh!

I snapped off a couple of bone-dry limbs. No life, no fruit. It would have to be replaced. Hmm. This made me think of some "other fruit" spoken of in Galatians Chapter 5. Christians could be like my trees—bearing Spiritual fruit abundantly, or, incapable of producing much, if any, sweet fruit. How could Christians be sure they would produce: **Love, Joy, Peace, Forbearance, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control?** As I learned about my pear tree, it is what had happened inside. It had developed a bore. It had needed to be properly fed and treated to strengthen it against this devious insect.

We, as Christians, **need the Holy Spirit to strengthen us** through reading and studying God's Word, applying the Gospel to our actions, through unceasing prayer, and through the Sacraments. Only then can we expect for the Holy Spirit to produce the "Juicy Spiritual Fruits" Galatians 5:22 speaks of. Those "juicy fruits" are the G A 2 U (otherwise known as the Gospel According To You). The fruits are the way others see us and the Lord Jesus whom we profess.

We need bushels of this Spiritual fruit to give to others (and ourselves). It is how we live out Matthew 5:16 which says "In the same way, let your light (Spiritual fruit, if you will) shine before others that they may see your good deeds and glorify your Father in heaven."

God's fruit for God's glory!



Be the Light to Others

I know some of us were still making snow bunnies for Easter this year as winter refused to make way for spring. Life sometimes seems that way too. In the past few weeks, I have received several notices of deaths, those beginning hospice, and others with life-threatening diagnosis. The winter of life can take us in its grasp and refuse to let us rejoice in the season of rebirth. But as the body may fade, the spirit can soar in the light of Jesus.

For those of us who are in a position to support our grieving and hurting friends, we can reflect Christ's love for them by cards, prayers, and being there for them. If you do not keep a stash of cards on hand, you may want to print some of the encouraging coloring notes available on the LWML website. [Coloring Scripture - Lutheran Women's Missionary League \(lwml.org\)](http://www.lwml.org)

I have been reading Job lately. I know, not the most uplifting of reads when he loses so much but I was comforted by a verse about his friends near the beginning of Job's distress.

And they sat with him on the ground seven days and seven nights, and no one spoke a word to him, for they saw that his suffering was very great (Job 2:13).

I know Job's friends get a bad rap for some of their advice in later chapters but I admired them for being willing to sit with Job on the ground for a whole week just so Job would know that they were there for him while he grieved. I think those are pretty good friends. I don't think I can say I have ever done that for any of my friends.

Now that it is spring, let us shine for each other in the light of Christ. We can turn our thoughts to the sunnier days of summer around the corner. We can reflect on the ones who may now be resting in the arms of Jesus, the true Comforter and Redeemer and smile from their memory.

One of the ways you can contribute to the needs of others is through offering contributions at the LWML 40th Biennial Convention in Milwaukee. You can send offering money with your delegate or contribute online if you are not able to attend.

There are four offerings scheduled:

1. LWML Mission Goal 2023-2025
2. We Are Called to Care, Plano IL. Supplies for therapy & visitation room for children in foster care.
3. Wolf River Lutheran H.S., Shawano, WI. A scholarship fund providing Christian education.
4. Milwaukee Area Crisis Pregnancy Centers - Concordia Gospel Outreach. Provide CPH Alive Before You Were Born books, Bibles, & devotion materials to 20 centers.

I know you are wonderful encouragers and you light up my life every time I hear from you.

Living in the Light,
Terri Bentley, President



**Thank you to the
Assembly of Leaders Team
for visiting each of the zones this
spring and sharing your insights!**

ALL MISSION GRANTS
Paid in Full!

Praise God from whom all blessings flow!

Dear LWML members,

It is time to shine our light on our dear district pastoral counselor, Kirk Triplett, and his wife, Lara. Lara was diagnosed with a rare form of colorectal cancer. She will be going through chemo treatments every two weeks for the next six months and there will be mounting medical expenses that are not covered by insurance.

When one of us suffers, we all ache and want to reach out and ease the pain in any way we can. The members of the LWML Utah-Idaho district have set up a way for you to contribute to the Triplett's needs. Whether you collect funds in your groups, your zones, or as an individual, you can send your financial gifts to our district financial secretary, Kathy Carlson. **Be sure to mark Triplett Fund on the check** so the money is not confused with mites. She will gather the funds and send the first combined check from the LWML Utah-Idaho District on **May 15, 2023**.

Send financial contributions for the Triplett's to:

Kathy Carlson
221 Red Rock Trail
Kimberly, Idaho 83341

The LWML Utah-Idaho district website also has a way to donate online.

I know your heart goes out to the Triplett family and they will be in your prayers throughout this journey.

Blessings,
Terri Bentley, President



Mission Grant Applications Due September 15, 2023

It is time to start the process of **"Call for District Mission Grant Proposals."**

To see the Grant criteria, application form and proposal deadline please visit utahidaholwml.org. You can also email Jeannie Barrette at wbarrette1@msn.com if you have any questions.

Please keep the Grant Committee in your prayers as we start this process.

SAVE THE DATE

LWML Camp Perkins Retreat

July 14-16, 2023

"Walking in the Light"

See registration form on page 6

Utah Zone Update

Cheryl Brunson, Utah Zone President

On April 12, 2023, 16 ladies and 2 Pastors met in fellowship at St Paul, Ogden. We gathered food items for local food pantries: 36 cans tomato sauce, 14 jars peanut butter, 26 cans tuna, 12 boxes ricearoni, 12 cans soup, 15 cans beans, and 30 assorted other cans and boxes and bags. Thank you all! Then the AOL ladies gave us a presentation on Equipping to Proclaim. Lots of good information we can put to use in our churches and communities. Thank you Terri, Kim, Madison and Shelby!



Western Zone Update

Karolyn Rippy, Western Zone President

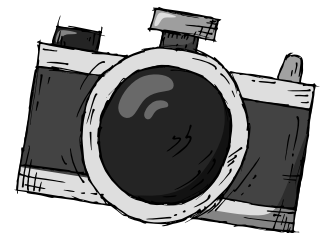
The Western Zone held its Spring Rally at Christ Lutheran Church in Meridian. We had 43 ladies attend and had a good representation of our societies. The LWML ladies of Christ Lutheran shared a lovely brunch and a nourishing lunch for the ladies. Pastor Dan Jones, our spiritual counselor, led us in prayers and a Bible Study on Hebrews 13:20-21. Committees reported on their work and progress. We also had the group of four ladies giving us great information from their leadership training. Thank you ladies! It was a terrific opportunity to meet with our fellow LWML ladies from around the Western Zone. Please share the information that you gleaned from this with your groups.

Yellowstone Zone Update

Nan Mueller, Yellowstone Zone President

Dear ladies of the Utah-Idaho District, Greetings from the Yellowstone Zone, We enjoyed a beautiful almost spring-like day in Pocatello, Idaho, for our Spring Zone Event at Faith Lutheran. Many ladies were in attendance – and all enjoyed time spent in community and unity, sharing our stories and listening to those of others, learning how to support our pastors and church workers, and hunting through the LWML website for treasures that uplift and encourage. Melody Rosenwinkel helped us remember our mission as ladies of the LWML and we had the pleasure of seeing our banner for National convention, all ready for travel to Milwaukee.

May the rest of “spring” treat you well and I pray May doesn't get too warm too fast.



Reminder:

Photos can be sent to Caryn Elliott at lwml.carynellott@gmail.com. We would love to share group event and zone event photos via Facebook and the newsletter. Be sure to include information to be shared about the photos!



**LWML UTAH-IDAHO DISTRICT
CAMP PERKINS RETREAT
JULY 14-16, 2023
“Walking in the Light”**

CHECK IN begins at 4:00 pm on Friday, July 14, 2023

COST includes lodging and 5 meals (dinner Friday, three on Saturday, and brunch on Sunday)

BRING

- Bible, paper
- Flashlight, toiletries, insect repellent, sunscreen, clothes for warm & cool weather, bottle for water
- For cabins: sleeping bag and pillow, towel. Bedding and towels are provided in the Retreat Center

INGATHERING: Colorful masking tape, sharpies, colored paper, 8.5 inch scissors, paper products, disposable nitrile gloves (small and medium), Zip-lock bags (all sizes)

Also see the “wish list” on Amazon.com

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-REGISTRATION FORM

Make your **check payable to Holy Trinity LWML** and mail it along with the information below to:

Carole Wolf, Retreat Treasurer 1172 E. Wayside Dr., Sandy, UT 84094

Questions: **Jeannie Barrette (801)528-8899 wbarrette1@msn.com**

PLEASE PRINT CLEARLY

Name: _____ Phone: _____

Email: _____ (Confirmation will be sent by email. If you do not have email, may we send the confirmation to a friend of yours?) _____

Address: _____ City: _____ State: _____ ZIP: _____

Church: _____ LWML Group: _____

Preferred roommates and other information we should be aware of, such as allergies: _____

- I have enclosed:
- _____ Cabin: \$150 if postmarked by June 28, \$160 after June 28
(cabin space is only available for the first 10 registrants)
 - _____ Retreat Center: \$180 if postmarked by June 28, \$190 after June 28
 - _____ Saturday only (includes 2 meals): \$70 if postmarked by June 28, \$80 after June 28
 - _____ I am registering as a teen (15+ years old).

LWML
UTAH-IDAHO
DISTRICT
CAMP PERKINS
RETREAT
JULY 14-16, 2023



“Walking in the Light”

*for at one time you were darkness, but now you are light in the Lord.
Walk as children of light. Ephesians 5:8*

COST:

Cabin: (limit 10)
\$150 by June 28
\$160 after June 28

Retreat Center:
\$180 by June 28
\$190 after June 28

Saturday only:
\$70 by June 28
\$80 after June 28
(includes 2 meals)

BIBLE STUDY WITH
Erinn Schrader

Come and join your LWML sisters at Camp Perkins meditating on God’s Word, singing and visiting. Enjoy the scenery by *sunlight, moonlight, and starlight*. Let’s not forget the *light* of the campfire.

REGISTRATION:

Forms available in the May & June *U&I*, at utahidaholwml.org, or from your group president.

CONTACT:

Jeannie Barrette (801)528-8899
wbarrette1@msn.com

INGATHERING:

Colorful masking tape, sharpies, colored paper, 8.5 inch scissors, paper products, disposable nitrile gloves (small and medium), Ziploc® bags (all sizes)
Also see the “wish list” on Amazon.com

Lutheran Women's Missionary League
40th Biennial Convention
Milwaukee, Wisconsin



Celebrate the
Lord of the Nations

Psalm 33:12-13



June 22-25, 2023

Lutheran Women's Missionary League

Invites you to the

40th Biennial Convention

June 22-25, 2023

Wisconsin Center — Milwaukee, Wisconsin

Celebrate the Lord of the Nations

Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage!

The Lord looks down from heaven; he sees all the children of man (Psalm 33:12-13).

Convention Goal

As His children, we celebrate the Lord of the nations.

Convention Objectives

Convention attendees, understanding that we are all His children, will:

- Celebrate our Lord through Word and Sacrament.
- Honor God by serving our neighbors.
- Proclaim His message to the nations.

Convention Logo Explanation

The 2023 LWML Convention logo features a wooden cross, reminding us of the sacrifice of our Lord Jesus who takes away the sin of the world. Wrapped around and draped over the cross is a long banner with the flags of many countries. The cross supports the banner as Christ delivers life and salvation to all the children of man. The banner waves symbolizing our life by the Holy Spirit and the movement and proclamation of the Word of God into all nations.



Mite Challenge Calendar



BLESSED ARE THE MERCIFUL: "Blessed are the merciful, for they shall receive mercy" (Matthew 5:7).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Call a friend and discuss today's sermon. Donate 30¢	1 Say a prayer for school principals. Donate 10¢	2 Treat a teacher today. Donate 90¢	3 Sing LSB #706 Love in Christ is Strong and Living. Donate 40¢	4 Participate in the National Day of Prayer. Donate 70¢	5 Invite someone for Mexican food. Donate 15¢	6 Pray for nurses today. Donate 55¢
8 Read Matthew 5:1-12. Donate 95¢	9 Go for a walk, thanking God for His creation. Donate 50¢	10 Pray for those working overnight. Donate 20¢	11 Express how blessed you are to those you meet. Donate 80¢	12 Donate to a backpack program. Donate 35¢	13 Have a piece of apple pie with someone. Donate 75¢	
14 Mother's Day Praise the Lord for Godly mothers. Donate 60¢	15 Send a "thinking of you" card. Donate 25¢	16 Count the trees in your yard and give 10¢ each or Donate 65¢	17 Clean out a drawer or cabinet today. Donate 45¢	18 Sing a praise song as you wash your dishes. Donate 85¢	19 Invite someone to share a pizza. Donate 10¢	20 Pray for those in the Armed Forces. Donate 90¢
21 Start reading a Christian book. Donate 40¢	22 Graciously tip waitstaff today. Donate 70¢	23 Read Matthew 25:35-40. Donate 15¢	24 Pray for siblings to love one another. Donate 55¢	25 Brown bag it for lunch today. Donate 30¢	26 Write out your prayer requests. Donate 95¢.	27 Tape a list of blessings where you will see it. Donate 50¢
28 Pentecost! Praise the Lord for the Holy Spirit. Donate 20¢	29 Memorial Day! Remember those who served. Donate 80¢	30 Sing LSB #848 Lord, Whose Love Through Humble Service Donate 35¢	31 Read Lamentations 3:22-24. Donate 75¢			