



## MARK YOUR CALENDARS!

**July 15, 2023**

Newsletter deadline



**July 14-16, 2023**

LWML Camp Perkins  
Retreat



**Aug. 3, 2023**

Thursday Evening  
Zoom Chat

### LWML Mission Statement

As Lutheran Women in Mission, we joyfully proclaim Christ, support missions, and equip women to honor God by serving others.

### Utah-Idaho District Mission Statement

The mission of the Utah-Idaho District Lutheran Women's Missionary League is to develop and maintain a mission consciousness among the women of the district and to assist them in using their gifts to the glory of the Triune God.

[www.utahidaholwml.org](http://www.utahidaholwml.org)

# U & I Together

July 2023

## Don't Forget Your.....

Cindy Wilson, VP Christian Life

Walking shoes, hoodie, bug repellent, LWML shirts, writing tablet, pen, cell phone (no service),

Hmmm, what was I forgetting? I was excited to be planning for the LWML District retreat at Camp Perkins in July. COVID had kept me away from Camp last year.

Memories of Camp Perkins stays came filtering back: Songs around the camp fire, dipping toes in Perkins Lake (Brrrr!), kissing the boy from Utah (yes it does happen even with camp counselors around!). But *WHAT was I forgetting?* Oh, yes! Of course! My BIBLE! We would be having a great Bible study.... But it seemed like there was something else. More memories.... bunking in the cabins, throwing a cabinmate's bra over the divider between the cabins (I didn't say all of the memories were appropriate), stoking the wood stove, bathroom trips down the hill in the middle of the night....

NOW I remember what I needed on my list—a FLASHLIGHT! Those trips in the dark were scary! A light to show the way safely was really important.

The Theme "Walking In The Light" took on additional relevancy. We all most certainly would rather have light when we are walking. Without a flashlight, going from cabin to bathroom or camp fire to retreat center we could get off the path, trip over rocks, run into a tree or even become lost (was that a bear?)

Ephesians 5:8 reminds us we were once darkness, but now we are light in the Lord and we can live as children of light. Jesus has illuminated my path and turned me into a light as well as being my "Light" so I not only "see" the path ahead of me, but stay on the true path to my Heavenly Father. I was once darkness myself, lost in my sin until my Lord and Savior illuminated me with the Light of His salvation, grace, mercy and extreme love.

So, I am coming to Camp Perkins (whoohoo —road trip!) with a light. Jesus will be in my heart and His Word in my Bible. They will be the brightest lights I can bring. Come with Jesus or meet Him there.

FYI: I will still bring a flashlight. Good thing the Retreat Center and its bathrooms have electric lights. But I will bring my flashlight **JUST IN CASE** of a power outage.



## Summer Lights

With the Milwaukee convention in the rear view mirror, it is time to head to the mountains. The wonderful ladies of the Utah Zone have captured our "Living in the Light" theme and will have us "**Walking in the Light**" at Camp Perkins. The Bible study is being led by **Erinn Schader** from the Utah Zone. If you have not met her, you are in for a treat.

The women, still energized from convention, can share the sights and sound of Wisconsin in the mountains of Idaho for you. I plan to bring my granddaughter Kalli who had the chance to attend her first national convention where she received the royal treatment as the current *Quarterly* cover girl. She will have plenty of practice signing autographs by the time we assemble at Camp Perkins.

As you are in the midst of your summer plans, do not forget that there is another chance to connect with your LWML friends during our **August 3 Zoom Chat**. We may not be meeting as often as when we first began the Zoom chats but it is still nice to keep in touch and see everyone's smiling faces.

Now that convention is over, many of you may be thinking "How do people get to be on those national committees?". They filled out a form available on the LWML.org website. It asks about your experience, skills, and interests that are needed for the committees that will be organized in the next couple months for the new LWML biennium. Willing workers are always needed. If the Lord is leading you to commit time to a national committee, consider completing the [Personnel - PRP Form - Formstack](#). The LWML Utah-Idaho District has been well represented on national committees over the years. This biennium Kristina Parker and Mary Smith both served in a national capacity. There may be a place for you there too.

Terri Bentley, President



### Mission Grant Applications Due September 15, 2023

To see the Grant criteria, application form and proposal deadline please visit [utahidahlwml.org](http://utahidahlwml.org).

You can also email Jeannie Barrette at [wbarrette1@msn.com](mailto:wbarrette1@msn.com) if you have any questions.

### It's not too late REGISTER TODAY!

LWML Camp Perkins Retreat

July 14-16, 2023

*"Walking in the Light"*

See details on page 6. Fill out and send in your registration form, on page 7, today!

## Camp Perkins. Making An Impact

One counselor shared this story of one of her campers who came as a friend with a group of other girls who came every year. This girl wasn't Christian, didn't attend church, and hadn't even heard of Adam and Eve or the concept of Jesus dying on the cross.

"That's a lot to try and cover in a week of camp, especially with a cabin full of girls who grew up knowing it all. But this girl was curious and interested and instead of telling stories and singing before bed, I sat and just read from the Bible until long after they all went to sleep.

This girl though would come and sit next to me, listening to every word until I was too tired to read more. During siesta times, she wanted to read the Bible I lent her from the loft but didn't know where to start. I told her Esther was my favorite book and it's in an easy story format that she could read it herself.

Every night then, she asked me to read Esther and I'd read the whole thing through and then again, each time we'd pause and talk about whatever interesting details that stood out to her (like how this super old book put the effort into telling us the king liked purple curtains and it's crazy how many details the bible gives us).

We read the creation story, Esther, Jonah, the Christmas story, and more. I don't know how much stuck with her, but it was really cool to see her excited about the Bible in a way even I never had been. I sent her home with the Bible she had used all week. She was my camper again the next year and she brought that Bible with her again. I'm sure she would have heard some Christianity at some point, especially considering her friend group, but camp definitely gave a special opportunity for inspiration to know more and start to think about her world in a closer way."

## Camp Perkins. It is a special place

Amy Hubach

I love the moonless nights at Camp Perkins. Ok – let me be honest – I love every night at Camp Perkins; but those moonless, dark nights are special. It's those nights when you have to use a flashlight to get down to the docks, even though you know every turn of every path, because it is just so dark. And when you finally sit down on the dock and lay back, you just breathe out, "...wow..." at the brilliant, countless stars. Light, billions of miles away, shining through the darkness. As I would lay there in the dark, I would wonder, "who am I in this vast universe that God would want me? I am so small compared to all of creation."

Camp Perkins is more than just a nice camping spot on a quiet lake with beautiful dark nights. It is a place:

- where church kids get a different experience of the Christian life – one where almost everyone praising God is their own age.
- where kids, from all types of family circumstances and socioeconomic backgrounds, gather to experience God. It becomes a refuge for many, clinging to the hope of a week of peace during a year of chaos.
- where high school and college students unplug from their busy schedules to focus on serving God and others and learn how to be Christian leaders; many becoming pastors, DCEs, Lutheran school teachers and deaconesses.
- where families can step into the wilderness together and make memories, all while faith formation is happening.
- where grandfathers and grandmothers share with younger generations how they built a camp that was set apart for God.
- where some people meet Jesus for the very first time.
- where others realize that what they have done in the past does not separate them from the love of Christ and instead learn that He meets them where they are.



photo: [campperkins.org](http://campperkins.org)



- where community is built, strengthened and sent out to be a light in the dark world.

Camp Perkins is an extraordinary place. My memories of that place begin before I was old enough to be a camper and they follow me through my elementary, middle school and high school years. As soon as I was old enough to apply to be a Camp Assistant (CA), I did. Then I moved to counselor. It was in that place where I realized God was calling me to be a DCE and I learned great leadership skills from my time there. My husband, Riley, proposed to me on the old boat docks. I served as a Spiritual Life Leader for years, taking my family to the mountains every summer so I could lead Bible study and devotions for staff and campers. My children became campers and now, this summer, all three girls are working at Camp Perkins.

Who am I in this vast universe that God would want me? I learned as a camper that I was a citizen of the Kingdom, deeply loved by a Savior that would die for me, that every sin was forgiven, that God was not scared of my questions and I was given permission to ask, that I could be 100% sure that I was going to heaven because of what Jesus did, that I was called to share Christ's love in a dark world and that the Holy Spirit would give me the words. These lessons are embedded in my soul.

God does something miraculous in the mountains of Idaho at a place called Camp Perkins.

## Grace Pocatello Prayer Shawl Ministry

Betty Prebannow, a long time member of LWML, had a heart for God's gracious timing and His guidance to direct us where we can serve. Betty, in her nineties, yes ladies, in her 90s, was introduced to the GLC Parish Nurse, Deb Reiland, by Diane Williams as a possible servant to start a prayer shawl ministry. Betty was giddy at the opportunity to serve. The yarn was donated by a few members of the church and before you knew it, Betty made over 75 prayer shawls in her last years. In conjunction with the Parish Nurse Ministry, dozens of people are blessed by the work of her hands in the prayer shawls she crocheted.

Upon Betty's return to her eternal home, a small group of LWML ladies decided to continue Betty's ministry. The ministry has 6 dedicated ladies. One of Betty's very dear friends, Ruth Hanson, desired to honor Betty and serve the Lord. She had tried many times to learn to crochet. God works in mysterious and joyful ways. Ruth sought out assistance from another LWML friend, Caryn Elliott. Caryn started Ruth on a knitting loom and before you knew it, Ruth was crocheting prayer shawls. Ruth is now the faithful "Betty" of the group.

What is next you wonder! Last year while at Camp Perkins, Caryn noticed some homesick kiddos and had a few extra prayer shawls.



She gave them to Brett for the counselors to use when campers need a hug of God's love. When Caryn shared the story with the prayer shawl ministry ladies, the idea emerged to make prayer shawls for the entire summer staff at camp. The group worked over the fall, winter and spring to make over 33 prayer shawls. The 2023 Camp Perkins summer staff all have a prayer shawl. Yes, the group has already begun on the next year's staff shawls.

Betty was a shining example of serving others when we least expected it. She inspired others to share in the ministry. They graciously served with Parish Nursing to continue the prayers and shawls for Grace Lutheran Church in Pocatello and an LWML staff shawl project for Camp Perkins. What ministry is God opening a door for you?

### **Camp has a very special place in our family.**

Betty Reimann

Many years ago, our family cooked with another family for the Labor Day weekend. It was a "joy" to wake up early when camp was so quiet and dark and see the light reflect on the lake.

One summer I was having such a difficult time letting my daughter leave to serve in Nicaragua with a group called Food for the Hungry. I was at the chapel when the Lord spoke to me and gave me peace that she would be in His arms. The song "Here I Am Lord, I heard you calling in the night. I will go Lord if you need me..." A peace came over me as I put her in a box with God.

Our son proposed to AJ, our beautiful daughter-in-law on the lake while we were attending LWML camp. He wanted to share the camp of his special childhood memories.

So many memories of sharing time with special women on the patio over coffee or a glass of wine. Many blessings with Bible studies and singing around the campfire.

## Camp Perkins Report

Signe White Camp Perkins Director

Recently I was giving the new summer staff of 2023 a "tour" of the Lodge. "A tour?" you may ask? It's basically one room! Why does it need a tour? That room contains so much history, tradition, and opportunity, it deserves its own tour. One of my favorite highlights are the three glass light fixtures etched with Walther League, LLL, and LWML on them. I am so thankful for the foresight and investment of time, energy, and, let's be honest, probably quite a bit of blood, sweat and tears from these three founding investors in Camp Perkins.

Through the years the U&I LWML has been an unmeasurable partner to the ministry of Camp Perkins. That was driven home again in 2020 when the donations flooded Camp Perkins despite the loss of your annual retreat at camp. Your donations in 2020 were able to cover the cost of hiring the few staff we were able to hire in 2020. Those donations were a direct benefit to allow us to step out in faith and hire staff to run the family camps in that challenging year.

In 2021, we started to build back, and then a new obstacle appeared in the form of staff shortages and the Ross Fork fire evacuation.

In 2022, we started to build back again and stepped out in faith to hire two new full-time staff, Brett and Eileen Lindemood. If you've had the opportunity to be served by them, you know that God has richly blessed the ministry with this team. Both are mission and Gospel driven with a heart for mentoring and encouraging young adults, while pouring into faith enriching opportunities for families and adults.

In 2023, we are ready to come back strong. We've hired a full summer staff team! We have fully opened the summer camp registration. And we're ready!

There is, however, a gap. A gap in what we charge for camp versus the True Cost of Camp. The last three years have seen rising costs due to supply shortages, inflation, and striving toward competitive rates to help with staff shortages. You may be surprised to know



*photo: 2023 camp staff campperkins.org*

that our lowest prices do not reflect the true operational cost to Camp Perkins. This rate is made possible by donations given each year. Each year, in addition to our camperships which help those with the deepest financial needs, all our campers received some level of financial support. No one is turned away from a Camp Perkins camp for financial reasons. No one, ever!

In 2023, we estimate a gap of approximately \$150,000 between operational expenses and income for the 500 campers we will serve.

To help meet this need, we have secured a total \$65,000 pledged from several families as a matching challenge to cover a significant portion of the \$150,000 gap. Our prayer is to raise the \$65,000 to match the pledge from the families by September as those final summer camp bills come due.

Your gifts truly bless the lives of many, many campers each summer. For over 65 years Camp Perkins programs have been key in the faith-formation to thousands of young people, giving kids the spiritual nurture they need to develop into effective leaders in our world.

If you would like to be a part of helping us close this gap and help more than 500 youth experience the deep connections to each other and to the Lord, indicate that the gift is for the True Cost of Camp Matching Challenge.

We are grateful to our donors and churches for investing in our campers and making it possible for us to offer a subsidized rate as well as camperships. We are thankful for the Lutheran Women in Mission of the U&I for the more than 65 years of partnering in sharing the Gospel.

LWML  
UTAH-IDAHO  
DISTRICT  
CAMP PERKINS  
RETREAT  
JULY 14-16, 2023



*“Walking in the Light”*

*for at one time you were darkness, but now you are light in the Lord.  
Walk as children of light. Ephesians 5:8*

***COST:***

Cabin: (limit 10)

\$150 by June 28

\$160 after June 28

Retreat Center:

\$180 by June 28

\$190 after June 28

Saturday only:

\$70 by June 28

\$80 after June 28

(includes 2 meals)

**BIBLE STUDY WITH**  
*Erinn Schrader*

Come and join your LWML sisters at Camp Perkins meditating on God’s Word, singing and visiting. Enjoy the scenery by *sunlight, moonlight, and starlight.*

Let’s not forget the *light* of the campfire.

**REGISTRATION:**

Forms available in the May & June *U&I*,  
at [utahidaholwml.org](http://utahidaholwml.org),  
or from your group president.

**CONTACT:**

Jeannie Barrette (801)528-8899  
[wbarrette1@msn.com](mailto:wbarrette1@msn.com)

**INGATHERING:**

Colorful masking tape, sharpies, colored paper, 8.5 inch scissors, paper products, disposable nitrile gloves (small and medium), Ziploc® bags (all sizes)

Also see the “wish list” on [Amazon.com](http://Amazon.com)



**LWML UTAH-IDAHO DISTRICT  
CAMP PERKINS RETREAT  
JULY 14-16, 2023  
“Walking in the Light”**

**CHECK IN** begins at 4:00 pm on Friday, July 14, 2023

**COST** includes lodging and 5 meals (dinner Friday, three on Saturday, and brunch on Sunday)

**BRING**

- Bible, paper
- Flashlight, toiletries, insect repellent, sunscreen, clothes for warm & cool weather, bottle for water
- For cabins: sleeping bag and pillow, towel. Bedding and towels are provided in the Retreat Center

**INGATHERING: Colorful masking tape, sharpies, colored paper, 8.5 inch scissors, paper products, disposable nitrile gloves (small and medium), Zip-lock bags (all sizes)**

**Also see the “wish list” on Amazon.com**



**-REGISTRATION FORM**

Make your **check payable to Holy Trinity LWML** and mail it along with the information below to:  
Carole Wolf, Retreat Treasurer 1172 E. Wayside Dr., Sandy, UT 84094  
Questions: **Jeannie Barrette (801)528-8899 wbarrette1@msn.com**

PLEASE PRINT CLEARLY

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

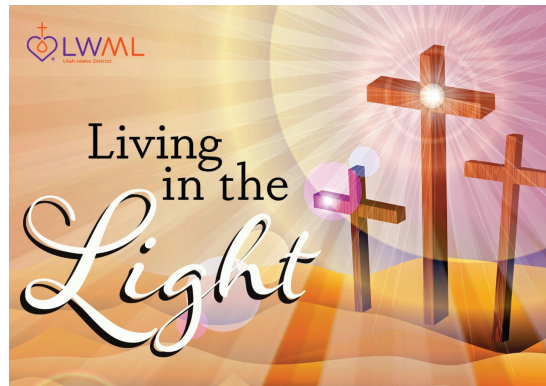
Email: \_\_\_\_\_ (Confirmation will be sent by email. If you do not have email, may we send the confirmation to a friend of yours?) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Church: \_\_\_\_\_ LWML Group: \_\_\_\_\_

Preferred roommates and other information we should be aware of, such as allergies: \_\_\_\_\_

- I have enclosed:
- \_\_\_\_\_ Cabin: \$150 if postmarked by June 28, \$160 after June 28 (cabin space is only available for the first 10 registrants)
  - \_\_\_\_\_ Retreat Center: \$180 if postmarked by June 28, \$190 after June 28
  - \_\_\_\_\_ Saturday only (includes 2 meals): \$70 if postmarked by June 28, \$80 after June 28
  - \_\_\_\_\_ I am registering as a teen (15+ years old).



## LWML UTAH-IDAHO DISTRICT 2022-2024 BIENNIUM VIRTUAL EVENT

Thursday, August 3, 2023 7:00 p.m.

Fellowship from 6:45 p.m.-7:00 p.m.

*For God who said, “Let light shine out of darkness,” has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.*

**2 Corinthians 4:6**

## AN EVENING OF ZOOM CHAT

*Your LWML Utah-Idaho District officers  
invite you to join them for an evening of  
fellowship and prayer*

- Devotion with Rev. Kirk Triplett, Pastoral Counselor
- Bible Study with Margo Dupre, Christian Author
- Introduction and chat with Rev. Chris Simmons,  
Grace Lutheran Church, Pocatello
- Biennium update with President Terri

### **ZoomLink:**

<https://us06web.zoom.us/j/83311753610?pwd=dVNhbjI2eUYwVHFFRk5YSkIieEVVUT9>

We look forward to seeing you on zoom! For questions or assistance with Zoom link please

Contact: Caryn at (208)221-3243 or [lwml.carynellott@gmail.com](mailto:lwml.carynellott@gmail.com).

Yes, even on the evening of the event.





# July 2023

## Mite Challenge Calendar



**GUIDE OUR CHILDREN IN FAITH:** *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law (Galatians 5:22-23).*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<sup>1</sup> Sit outside and enjoy a popsicle with the kids! <b>Donate 30¢</b>
<sup>2</sup> Hang the Mission Grant Poster for July! <b>Donate 15¢</b>	<sup>3</sup> Share a cup of coffee with a friend. <b>Donate 25¢</b>	<sup>4</sup> Wearing Red, White, & Blue? <b>Donate \$17.76</b>	<sup>5</sup> Read Philippians 4:6-7. <b>Donate 30¢</b>	<sup>6</sup> Donate a children's book to a "Little Free Library". <b>Donate 40¢</b>	<sup>7</sup> Sing LSB Hymn 728, How Firm a Foundation. <b>Donate 10¢</b>	<sup>8</sup> Pray for one of the 2023-2025 Mission Grants. <b>Donate 50¢</b>
<sup>9</sup> Volunteer to help at Sunday School. <b>Donate 20¢</b>	<sup>10</sup> National Kitten Day! Do you have a cat? <b>Donate 35¢</b>	<sup>11</sup> Sing LSB Hymn 691, Fruitful Trees, the Spirit's Sowing <b>Donate 60¢</b>	<sup>12</sup> Donate to a Back-to-School Drive. <b>Donate 25¢</b>	<sup>13</sup> Pray for our Teachers. <b>Donate 55¢</b>	<sup>14</sup> Read Joshua 1:9. <b>Donate 60¢</b>	<sup>15</sup> Visit a beach and enjoy God's creation. <b>Donate 40¢</b>
<sup>16</sup> National Ice Cream Day! Have a cone after service. <b>Donate 45¢</b>	<sup>17</sup> Read Zephaniah 3:17. <b>Donate 15¢</b>	<sup>18</sup> Pray for students going back to school. <b>Donate 30¢</b>	<sup>19</sup> Gather books for a school classroom. <b>Donate 25¢</b>	<sup>20</sup> Take a picture with your family. <b>Donate 70¢</b>	<sup>21</sup> Donate to your local food pantry. <b>Donate 20¢</b>	<sup>22</sup> Have a summer picnic. <b>Donate 25¢</b>
<sup>23</sup> Share a Mustard Seed Devotion. <b>Donate 50¢</b>	<sup>24</sup> Send a card to a seminary student. <b>Donate 45¢</b>	<sup>25</sup> Share Proverbs 3:5-6. <b>Donate 15¢</b>	<sup>26</sup> Sing LSB 727, On Eagle's Wings. <b>Donate 40¢</b>	<sup>27</sup> Pray for your Pastor. <b>Donate 30¢</b>	<sup>28</sup> Make a Bible verse card to keep or give away. <b>Donate 25¢</b>	<sup>29</sup> Read Colossians 3:12. <b>Donate 20¢</b>
<sup>30</sup> Connect with a young mom. <b>Donate 35¢</b>	<sup>31</sup> Print August Mite Challenge Calendar! <b>Donate 20¢</b>					